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May 2016, Vol. 20 No. 3

Michael Wilbon

St. George, Utah

Dad's Day Gift Guide

Dave Pelz: Short Game Advisor

Journey to Better with Carl Rabito

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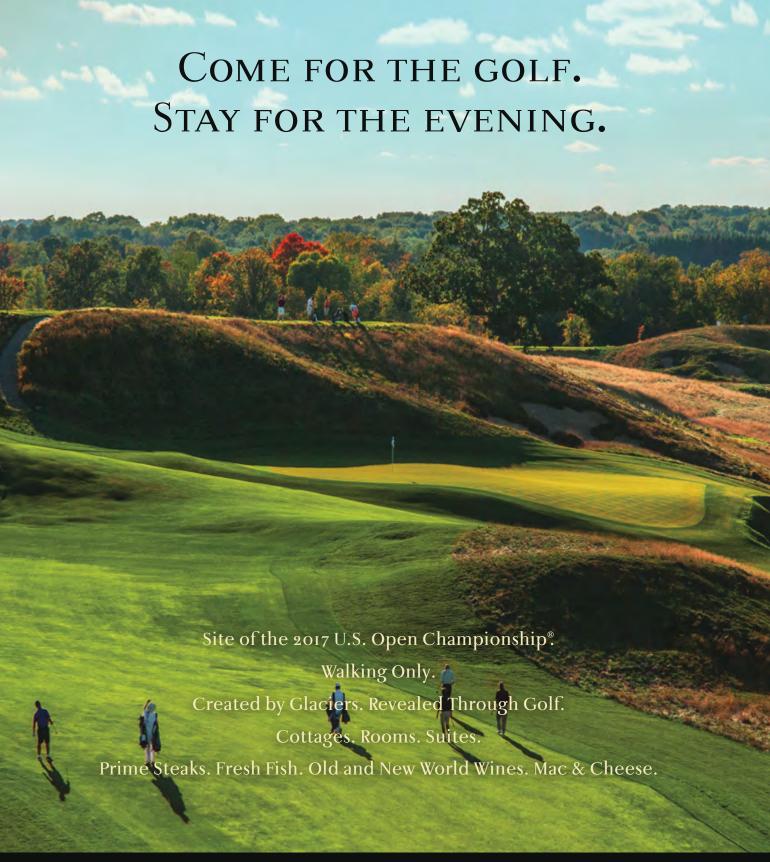




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Features

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Dad's Day Gift Guide Come to Papa

Course Spotlight Branson's Big Cedar Lodge

Clifftops, Crags, and Canyons Golf in St. George, Utah



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NOTES FROM GREG AND DAVE

he two of us could be classified as sports junkies. We are fans of just about anything that lets you keep score. We watch curling in Wausau and Jack Russell hurdle races before reality TV any day of the week. Our apologies to the housewives of Orange County.

While our cars have satellite radios and Bluetooth compatibility, our speakers are usually filled with sports-talk. We love the banter. For us, a jam-packed interstate means that we will have more time to listen to guys like Waddle and Silvy dissect a lineup change for the north siders. We laugh with them; we talk back to them.

Gracing our cover, Michael Wilbon, is another one of our favorite sports journalists. ESPN's "Pardon the Interruption" may be the best half hour in television. Along with Tony Kornheiser, Wilbon expounds on the stories that are hot off the



"Yes, he takes it from hole to hole. Sometimes I wish he would've never won the lottery."

wire. The debate between the two men is humorous and respectful. We could all learn a thing or two about friendly debating from their exchanges. Whether it is Wilbon pouncing on east coast cupcake schedules, or giving his hometown Chicago teams a nod, Wilbon is objective. We were excited to hear that staffer Todd Mrowice

landed some chat time with Wilbon, and we hope you enjoy reading about his passion for the game of golf.

This issue also includes St. George, Utah, one of our favorite destinations. Our first trip to St. George was an experience in wonderment. The layered red rocks added a decided dazzle to the southwestern landscape. Dave Lockhart returned from his recent trip and was equally dazzled. Lockhart is America's guest and has forgotten more courses than the rest of us have played, so his praise of the golf in St. George is worth its weight in PRO-Vls.

May is here! Go play hooky and get a round in on one of Chicago's dazzling courses.





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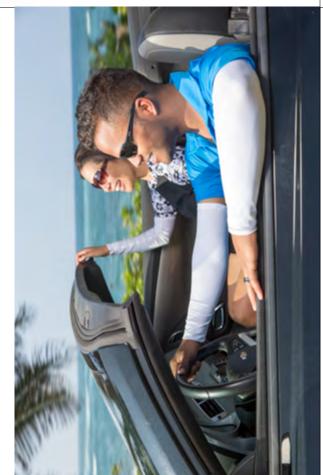
THE GOOD STUFF





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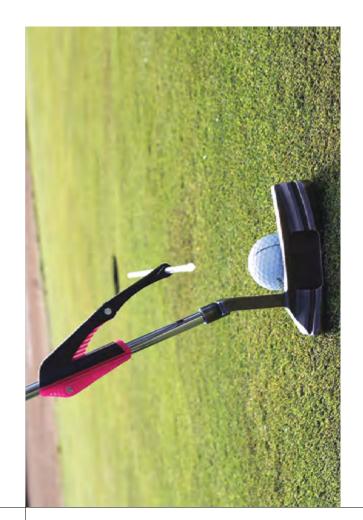


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Look but Don't Touch

RULES OF THE GAME

John Morrissett

This year's U.S. Open at Oakmont Country Club will bring attention to the intriguing (and vexing) ditches that run throughout the wonderful course. While they will be marked as water hazards (yellow stakes and lines) or lateral water hazards (red stakes and lines), often a player will be able to play from them, a proposition that raises the question of what he is allowed to touch inside the hazard and what he must avoid touching.

Rule 13-4 spells out the prohibitions:

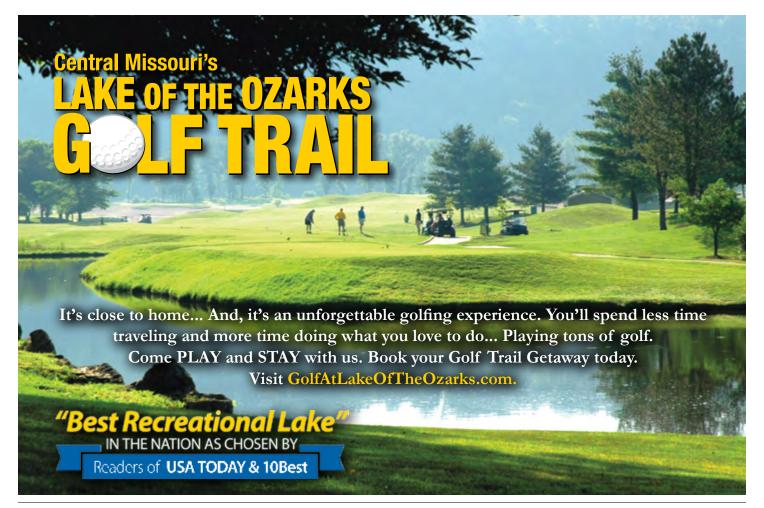
- (1) a player must not test the condition of the hazard in which his ball lies or a similar hazard,
- (2) a player must not touch the ground in the hazard or water in a water hazard with his hand or a club; and,
- (3) a player must not touch or move a loose impediment (e.g., a detached leaf) lying in or touching the hazard in which his ball lies.

Much of the above is fairly straightforward, but at Oakmont the question will undoubtedly arise as to whether there is a breach of the Rules if a player touches the tall grass in a drainage ditch (e.g., at address or during the backswing). As the tall grass itself is not "ground" in the hazard, it is permissible for the player to touch the tall grass.

However, it is possible to take things too far, as for example, a player would be considered to touch the ground (in breach of this Rule) if the club is resting on the grass to the point where the grass is compressed to support the weight of the club. In addition, the player does not have free reign with practice swings through the tall grass in the hazard, as a player who takes aggressive practice swings through the tall grass could be considered to be testing the condition of the hazard, in breach of Rule 13-4a.

This situation is hardly unique to Oakmont, as we in the Midwest will encounter similar situations on banks of creeks, rivers, and ponds. If only a U.S. Open title lay in the balance when we play!







Spieth and McIlroy Do It. Should You?

SHORT GAME ADVISOR



100

arms quiet to eliminate any jerky motion. Your putting stroke doesn't need forearm rotation or wrist break. Left Hand Low helps minimize any "pushing" or "hitting at" the putt. The putter face stays square because your arms and shoulders swing along your body line. The flow through impact with Left Hand

Low is so good that you greatly minimize

face angle problems like pushing, pulling, and inconsistent distance control. All you have to decide is where to aim and how long your stroke should be.

INSTRUCTION

Remember, as long as you can read greens reasonably well, aim your putter where you want to, deliver a square face to the ball, and accelerate through impact, you can putt with the best of them!

Low can do that for you. Jordan and Rory have discovered what thousands of our school students have figured out: that Left Hand Low putting minimizes left wrist break down and helps you put a stable, consistent roll on your putts. Many golfers also say Left Hand Low helps them line up putts better and even promotes improved feel.

n golf, we often talk about developing skills

that we can trust under pressure. Seeing

Jordan Spieth and Rory McIlroy successfully

using the Left Hand Low putting technique

reaffirms what I've been telling students in our

schools for nearly three decades. When you

putt with high-stakes on the line, you need a

routine, ritual, and method you can trust when

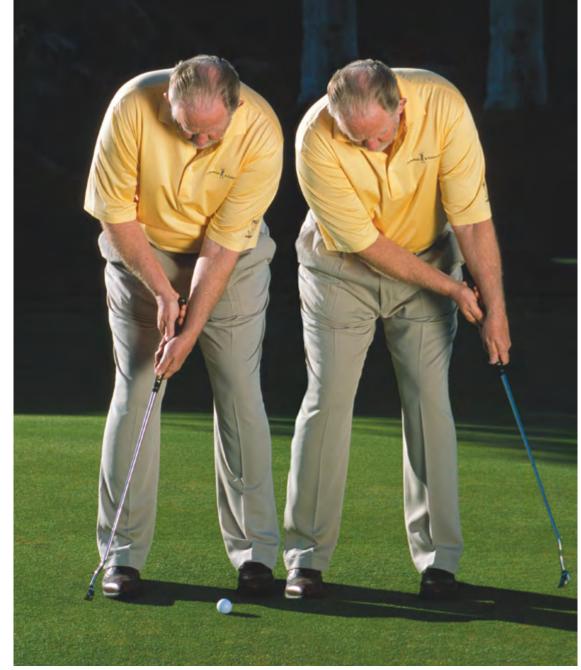
the pressure is at its highest—and Left Hand

Left Hand Low is simple to use. First, stand square to the target and let your left arm and hand hang, fully extended, from your shoulder. Then place it on your putter. From this position, there is no danger of the right hand becoming dominant and turning over during the stroke.

It is important to keep your shoulders level and your body aimed parallel to the line of your putt.

To check your position, make sure your right forearm and hand is positioned squarely behind (and above on the putter) your left arm and wrist. Once you've putted like this for a while, you'll notice your right hand can't go out and around your left hand. This helps you avoid a left wrist collapse or the turning of your putter blade left and inside the target line. It's also more difficult to pull putts with this stroke.

When you stroke the putt, keep your hands and



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Check. Check. Check.

INSTRUCTION **FINDING** PAR Andrew Ogata

Check Your Equipment

It's time to take the clubs out of the basement and make sure they're ready for the first warm weekend. Take a look at your grips. I like to change mine once a year, but if you don't play frequently they might just need to be cleaned. A little dish soap and warm water can help get an extra year out of them.

Check that your clubs haven't been damaged over the offseason. Many of us take them on winter vacation, and you never know what might have happened on the plane. The last thing you want is a bent or broken shaft while you're playing the first round of the year.

Think back to how you were playing last year and consider whether you might need to alter your equipment. Do you need to adjust the loft on your driver, change your set makeup to close any distance gaps, or

maybe even swap out shafts to make your current set more playable?

Check The Basics

Rhythm and tempo are easily lost over the winter and working on your short game will help you ease into the full swing. Once you're confident with that, check your grip and setup. Make sure ball position is good ,and that you're pointed in the direction of your intended target; use a club or alignment stick to help.

Check Your Expectations

We all want to come into spring with the same game we had at the end of last year. Let's face it: we live in the Midwest and it can be difficult to practice in the winter months. Don't be too hard on yourself right out of the gate. Have realistic expectations and set small goals for yourself when practicing and playing at the start of the season.

Check With Your PGA Professional

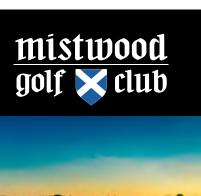
Take a lesson! Your golf professional can help with all of these things. A quick tune-up in May can save a lot of frustration and give you a good start into summer.

About Arrowhead Golf Club

Arrowhead Golf Club is an award-winning facility of the Wheaton Park District. Two PGA Professionals are on staff managing the pro shop and providing individual and group lessons. New for 2016, Arrowhead is proud to host Pelican Golf, a full-service premiere golf experience offering club fitting, instruction, repair, and merchandise. Call 630.653.5800 to book a private lesson or visit arrowheadgolfclub.org.







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Cast the Club for More Distance

The age-old quest for distance is often associated with holding the angle in your wrist and club shaft for as long as possible on the downswing. The accepted concept of stored energy, late release, and lag has been the ruin of many golfers. When a player tries to "hold the angle" it creates a chain reaction of manipulated mechanical flaws and it prevents you from getting forward on the downswing. In other words, you need to cast the club in order to maximize your club head speed through impact.

The term "casting" in the golf swing has been demonized throughout time. The real question is not whether or not you cast the club, but where in the swing you cast it. Casting a fishing pole would be very ineffective if you did not unhinge your wrists. Casting or releasing the club is when the arm, wrist, and club shaft get back in a straight line. This is the preferred position to be in at impact. The majority of the speed in the golf swing comes from the wrist hinging and unhinging. By definition, it would be contrary to success trying to hold the angle.

JOURNEY TO BETTER



GOLF 100

Simply put, your wrists will gradually hinge on the backswing and should gradually unhinge on the downswing to impact. This natural progression is one of the ways a player gets on their front leg at impact. Any attempt to hold the angle in your wrists will prevent you from getting forward in the downswing. Consciously holding the wrist angle will cause the lead shoulder to work up and back through impact resulting in fat or thin shots and overall poor contact.

INSTRUCTION

The bottom line: cast the club for increased speed and more solid contact.









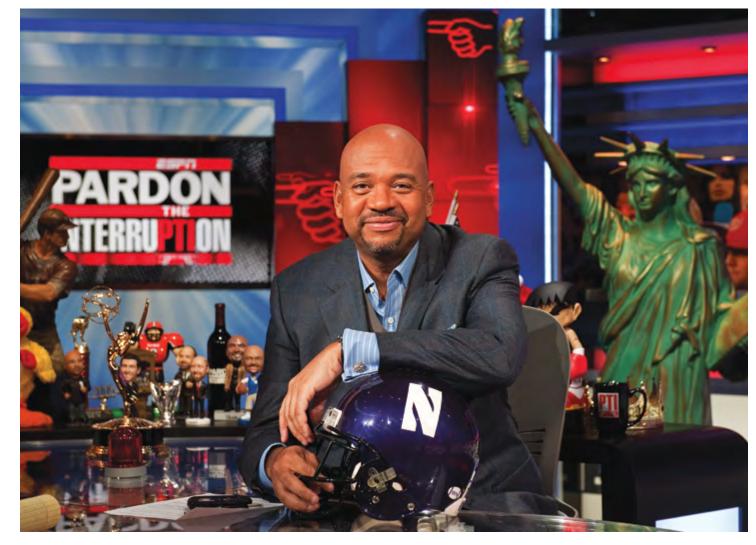


• Journalism is a tough field. If you're fortunate enough to "make it" in the industry that means you've accomplished a great deal, you've weathered the storm of being told what to write and how to write it. If you have made it in journalism, then chances are you've gone down some roads less traveled and taken your licks, because there are droves upon droves of people just as hungry as you to make a name in the industry. It's safe to say that you've gone above and beyond "making it" if you're a staple for ESPN, former columnist for the Washington *Post*, Tweet to two million followers, and are generally one of the most respected sports journalists in the world.

Michael Wilbon is all of these things, and he's a Chicago guy. As humble and grateful of a person as you'll ever meet. A South Side native, he graduated from St. Ignatius College Prep in 1976, received a degree in journalism from Northwestern University in 1980, and supports his city unconditionally. Although he resides in Maryland, Wilbon always refers to Chicago as home. A co-host of "Pardon the Interruption," he can be seen every weekday debating the hottest sports topics with Tony Kornheiser, in addition to being heard weekly on ESPN 1000 AM here in town. To top it all off, Michael Wilbon is an avid golfer and he appreciates the game. GOLFChicago had the pleasure of speaking with him to discuss his love for this crazy game we play.

Michael Wilbon's Love of the Jame

by Todd Mrowice



GOLFChicago: How long have you been playing and how did you learn the game?

Michael Wilbon: My first lesson was on May 18th in 1997. It was the day before I got married. I took a lesson from a really interesting young professional in Fairfax, Virginia. That's how I learned the game. I grew up on the South Side of Chicago, where golf wasn't an option. It wasn't even on the radar. I never owned a golf club growing up and there wasn't a way for me to take up the game. I played sandlot games like baseball and basketball.

GC: Was there a particular person that was influential in you learning the game?

MW: Yeah, Tiger Woods. I was a columnist at the Washington Post and I had to cover Tiger because he was the biggest thing in sports. I felt that I couldn't do my

job without knowing more about the game, because if you don't play how can you be connected to it? Tiger really influenced me to observe the game properly. He influenced a ton of people for that matter. Now, did I know that I would become a fanatic? No. I thought that I'd be a nine-hole player here and there. Boy, was I wrong.

GC: What your handicap?

MW: I think I'm about a 12.5, somewhere in there. The best I've ever been in my life is a 10. It's funny because my son, Matthew, is eight years old and he's starting to swing a club. So our handicaps are going in opposite directions, mine is going up and his is going down. He's definitely a child of golf.

GC: You're a Chicago guy. What are your favorite memories when you think of "Chicago golf".

MW: My memories are all new, because golf is still something relatively new to me. For a long time though the first time I broke 80 was at Cantigny. I shot a 79 with my brother, for some reason I had the day off from PTI. Most of my friends though came to the golf game late. So I'm still experiencing a lot.

GC: You're a member at Olympia Fields. What made you decide to join there with so many country clubs in Chicagoland?

MW: A lot of reasons. Mainly, I love the place. The two courses they have are fantastic. I mean, the North Course hosted a U.S. Open, come on how great is that? I'm a South Side guy so the location is a big deal to me. My uncle actually lives out there as well. It was after I joined though that I realized it was one of the best decisions I've ever made. I'm also a member at Columbia Country Club in Maryland and Scottsdale National in Arizona.

GC: Where else do you play when you're in Chicago?

MW: Every year I play in the golf outing for St. Ignatius, which is at Cog Hill. I love Dubsdread. I probably have more rounds at the Glen Club than anywhere else because my brother is a member there. I've been lucky enough to play Medinah; I actually played it the day after the 1999 PGA Championship when Tiger battled Sergio. I love making the drive up to Kohler when I can as well. Too many good courses in one area.

GC: Your position as a national journalist has allowed you to meet many people. Any golf partners that have been your favorites? MW: I've been very fortunate. I played in Michael Jordan's tournament a lot ... great experience. I've had the opportunity to golf with people like Jerome Bettis, Jermaine Dye, Otis Wilson, Richard Dent, and many others. Brian Urlacher is also a member at Scottsdale National and we played together in the American

Century Championship in Tahoe. GC: In your opinion, what can be done to grow the game of golf? MW: Be more inclusive. The game needs programs that involve husbands, wives, and their children. There's no reason why everyone in the family can't play. Golf has to be more accessible. Also, the more people that play the game from different places in life, the better. You don't have to look like everyone else that plays the game. Tiger proved that, but now there's a whole new generation that should have access to a golf course. Make the game affordable and make it accessible and those people will understand how great the game is. GC: Hypothetical question. You have a private jet that will take you to any golf course in the world, at anytime you want, for free, and for the rest of your life. Or, the Cubs win the 2016 World Series. Which one?

MW: (Without hesitation) Cubs. It's not even close. My mother is 90 years old and she sits in front of her television for every single game. So as much as I want it, I think about her. Tell you what, I'll take it a step further. I'll pass on that offer for another Super Bowl for the Bears as well. I'd even pass on it for a championship at Northwestern. Now, I've been extremely fortunate and have had the chance to play Pebble Beach. I haven't been to St. Andrews, but I'll get there. Augusta would be a big one for me, but no. I'll take a Cubs World Series win.

It's not surprising to see the passion that Michael Wilbon brings to the game of golf. It doesn't seem to be far off from the conviction he speaks with on PTI or the "no qualms" approach he takes to calling Chicago his city, even with the spotlight of a national audience upon him. It's a big part of the reason we're happy to call him "one of ours."







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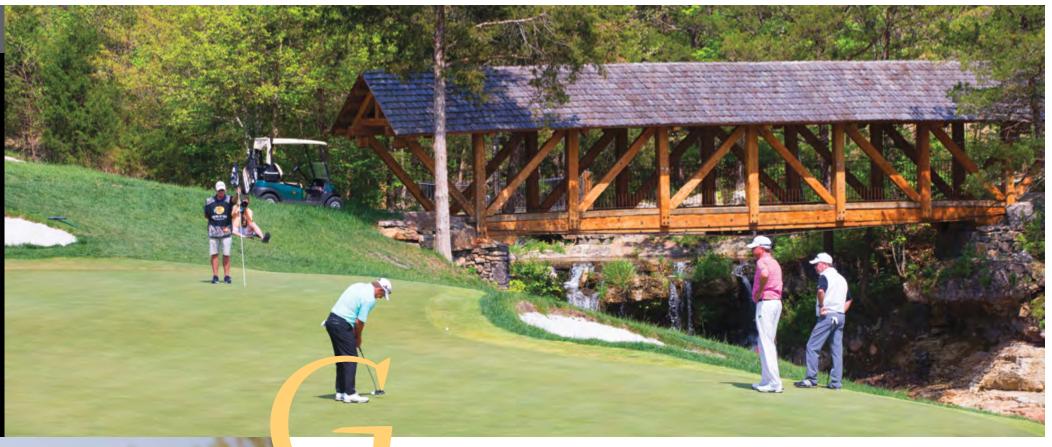


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COURSESPOTLIGHT

Legends of Golf at Big Cedar Lodge Johnny Morris Hosts Champions





Golf's greatest champions have earmarked the PGA Tour Champions event in Branson as one of their favorite events. The Bass Pro Shop Legends of Golf draws former Tour stars who fiddle down to Big Cedar Lodge for a week in front of the galleries. The playing field includes icons who have stopped playing competitive golf. "It's fun to see Chi Chi [Rodriquez], Jack [Nicklaus], Gary [Player], and the guys who aren't out here every week. Champions Tour player Andy North shared, "To me, that's as much fun as anything."

The event is unusual, yet that is the appeal for many players. The Bass Pro Shops event is 54 holes, and it is the only PGA Tour event to include competitive play on a par-3 course for 18 holes. This is part of the attraction to non-exempt and retired players. The short course does not require a driver, or even a 3-wood, and this provides the players with more time to fish, hike, and pat paws with the fans outside the ropes. Gary Player feels that the Top of the Rock course could encourage a new perspective on a round of golf. "What golf needs desperately is shorter golf courses, and this is ideal," Player shared during a post-round interview.

The Top of the Rock course is a ninehole rollercoaster ride that was credited to Jack Nicklaus. Nicklaus openly spells out his participation in the course's design,

"I did the golf course to start with, and I suppose my contribution was the routing, a shell of tees, and a green." The rest of the course was the vision of Bass Pro Shop founder and Big Cedar Lodge owner Johnny Morris. Nicklaus explained, "Johnny's contribution was ten times ... maybe 20 times that. And he put in beautification around it. He did a beautiful job." The result is one of the premier par-3 courses in the country, and an attraction on par with the rest of Branson's natural wonders.

Bass Pro Shop Legends of Golf is also contested on Buffalo Ridge, a Tom Fazio designed course. Formally known as Branson Creek Golf Club, Buffalo Ridge is annually ranked as Missouri's finest track. The players love it too. Davis Love III had to see it to believe it, "Until you see it, until you play a hole and there's buffalo, there's actually a buffalo." Morris' conservation effort revitalized the course and branded it with his lifelong efforts to preserve the beauty of the area. Love III adds, "That's what happens here. It is neat and fun and you can see why everybody loves it here." And that goes for players, fans, and guests.

Next on Morris' agenda is to open two new courses that will position Big Cedar Lodge as one of the premier golf resorts in the country. With an opening set for 2017, Gary Player's course places a priority on accessibility. The layout will be 12 holes

to encourage families to tee it up in the heart of the Ozarks. Utilizing dramatic rock formations and incredible vistas, Player's course will be an opportunity to connect with nature on a grand scale. It also leaves extra time to visit the areas other attractions.

Esteemed golf course architects Bill Coore and Ben Crenshaw have collaborated with Morris to add a perfect complement to Buffalo Ridge. Set to open in 2018, the Coore/Crenshaw-designed course is a tribute to the Ozarks region and shares Morris' passion for authentic native areas.

Big Cedar Lodge is just a small part of Johnny Morris' impact on the outdoors. His efforts have not only preserved the natural wildlife surrounding Ridgedale and Branson, he has used is fortune to give back to the land, the people, and the waters that draw millions to this Midwestern destination. Guests are sure to mirror Bernhard Langer's impressions of Big Cedar, "... so much detail into everything. Even if your golf's not good, you can just look around and relax and enjoy this place."

Big Cedar Lodge

612 Devil's Pool Road Ridgedale, MO 65739 800-225-6343 www.BigCedar.com

SWEET HOME CHICAGO

Tournament Spotlight

Ivanhoe CC Welcomes Web.com Tour

Area fans of professional golf are in for a rare treat this June 6 through 12 as the Web.com Tour's Rust-Oleum Championship is played on the grounds of the exclusive Ivanhoe Country Club, considered by most golf critics as one of the top 25 layouts in Illinois. A field of 156 competitors will face off for a slice of the tournament's lucrative \$600,000 purse.

to the PGA Tour, as members compete for the privilege of earning one of the 50 PGA Tour cards awarded annually. Three out of four tour members are alumni of the Web.com Tour. These members—including world number one-ranked Jason Day and 2015 Open champion Zach Johnson—have won 21 major championships after graduating to the PGA Tour along with 425 PGA Tour titles. The winner of the tour's 2007 LaSalle Bank Open was



Held over the past two years in Cleveland, the Rust-Oleum Championship will enjoy a homecoming of sorts as this year's event will be played in Ivanhoe, just a short drive from the company's headquarters in Vernon Hills. A three-year-agreement was hammered out last December that secures the tournament for at least the next three years in the Chicagoland area. The Web.com Tour is basically the feeder system

none other than Jason Dufner who would go on to win the 2013 PGA Championship.

2013 PGA Championship.
Golf Channel is scheduled to televise all four rounds of this year's tournament. Web. com Tour veteran Shane Bertsch won the 2015 Rust-Oleum Championship by firing a final round 66 to beat Lucas Lee by one shot. The 2014 tournament winner was Steven Alker, who eked out his victory over Dawie van der Walt with a birdie on the

eleventh extra hole.

The elegant Ivanoe Club opened as an 18-hole course in 1991, with nine more holes designed by renowned architect Arthur Hills opening in 1995. The three nines are named the Forest. Prairie. and Marsh. The Forest Nine is characterized by rolling terrain and fairways protected by mature trees. The Prairie Nine serves up a Scottish-links style experience with native prairie grasses lining every hole. The Marsh Nine is teeming with wetlands which stretch alongside or across six of the course's holes. Wildlife calling the property home include herons, turtles, and terns.

Rust-Oleum has been the global leader in manufacturing innovative coatings, including primers, automotive, industrial and high-performance coatings. and wood care. Proceeds from the tournament are already ear-marked for a wide variety of worthy local charities, including the Evans Scholars Foundation, The First Tee of Greater Chicago, Orchard Village, Sports Shed, Lake County Haven, Great Lakes Adaptive Sports Association, and Partners for Progress. "With Rust-Oleum's deep roots in the Chicagoland area, we're especially excited to host this prestigious tournament right in our own backyard," said Tom Reed, president and chief operations officer of Rust-Oleum. "More importantly,

we're proud to support the vital and important work of our charity partners."

Tournament ticket prices are \$20, good for all days of the championship. \$30 pavilion seats offer exclusive views of the 18th green. Children 17 and under are admitted free with paid adult admission.

For updated tournament information, visit the event's website: www. rustoleumchampionship.com.

—Neal Kotlarek

Montgomerie Set To Defend Senior PGA Championship Title May 26 - 29

Colin Montgomerie may just be an even better interview than he is a professional golfer. And his career successes prove that he is among the game's elite players, with some sports writers naming him the finest Ryder Cup Matches player of all-time.

Addressing the media a month prior to his defense of the 2015 Senior PGA Championship title, Montgomerie stated his belief that one of the bravest moves he'd ever seen over his illustrious golf career was Ernie Els walking to the second tee at Augusta National following the player's seven putts on the first green. "Amazing," he marveled.

The 2016 Senior PGA Championship Presented by KitchenAid will take place May 26 – 29 at the stunning Harbor Shores golf club in Benton Harbor, Michigan.

The course, Montgomerie stated "gives the golfer room off the tee ... but it's all about the second shot to the green. And that's my specialty," he said. The Jack Nicklaus design plays to 6,852 yards from the championship tees, not that long compared to some championship lavouts set up to play over 7,200 yards. But the shorter yardage is deceptive, as mounding and bunkering tighten landing spots and greens considerably across the tract.

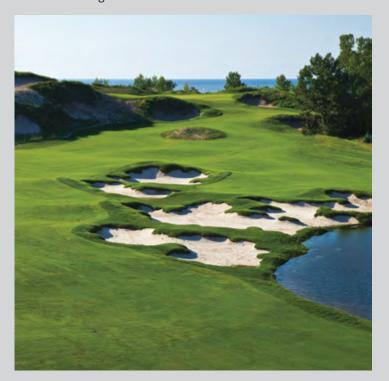
Montgomerie will face a dazzling field of Champions Tour players when he tees off and attempts to secure his third-straight Senior PGA Championship title. Having won the first of those in 2014 at the same Harbor Shores course gives him an

advantage over the field, he said. "I love the course. I feel one-up on the first tee because I've won here before," he said.

Among those trying to stop Montgomerie from hoisting the winner's trophy is John Daly, who will make his Senior PGA Championship debut at Harbor Shores. Still another competitor to keep an eye out for is Bernhard Langer who, Montgomerie explained, is simply the best golfer Montgomerie has ever seen. "Bernhard plays the game properly," the Scotsman said.

Tickets for the 2016 Senior PGA Championship are available through the tournament website: www. pga.com/seniorpga.

—Neal Kotlarek



Down Memory Lane

When Sam Snead Conquered The World

It wasn't easy to come up with something new in golf in 1946, but George S. May, the business efficiency expert who bought Tam O'Shanter Country Club, did it.

Why not, he decided, create the one tournament that



didn't exist? Why not create a World Championship of Golf? May had been kicking around the idea during World War II, and with that conflict over, decided the time had come.

One snap of the fingers later, it existed. May announced his World Championship would follow his five-year-old All-American Open at Tam, and feature a

four-man field playing for a first prize of \$10,000.

Seventy years ago, that was good money.

The All-American was played in late July, and provided the first entry: winner Herman Barron, who won even better money, \$10,500, for four days play.

The World Championship would be a 36-hole sprint over two early-September days. Joining Barron were U.S. Open champion Lloyd Mangrum (and Tam O'Shanter's head pro) and British Open winner Sam Snead. PGA champion Ben Hogan sent his regrets, but May found Byron Nelson an eager substitute.

Mangrum played well on the opening day, with a 3-under-par 69 on his home turf, but finished third at 141 after a closing 72, and was left in third. Herman Barron's closing 67 was the best round of the eight, but Barron was last thanks to an opening 75.

That left Nelson and Snead for the title, the 10 grand, and the right to pose with a trophy bigger than Rhode Island. Lord Byron followed his opening 71 with a 69 for 4-under 140, and came up two strokes short of Slammin' Sam, whose three birdies on the closing nine, including the 16th and 18th holes, pushed him over the top with consecutive 69s for 6-under 138. It was the second of three tournaments Snead would win in the Chicago area.

Snead cashed in, but May was the bigger winner. He quickly moved the World Championship to the weekend after the All-American and began to boost the purse. Suddenly, May had back-to-back tournaments on the pro tour and Tam O'Shanter was the center of world golf for a fortnight. Pioneering low admission prices, spectator grandstands, and television coverage, May's golf carnival set the stage for the modern professional tour. He was 20 years ahead of his time.

—By Tim Cronin

GOLFChicago Wire

Illinois Wins Big Ten Men's Golf; NU Women Co-champs

The second-ranked Fighting Illini men's golf team was stuck in third place entering the final round of the Big Ten championship at Victoria National in Newburgh, Indiana, eight strokes behind Iowa and with Maryland in the way.

Then the bell rang for the final round on April 24, and Mike Small's Illini ran off like Secretariat. With all five Illini firing in the 60s, paced by the 8-under 64 of Thomas Detry and Charlie Danielson's 65, Illinois romped to a 12-stroke victory over lowa for its second straight conference title and seventh in eight years. The quintet scored 28-under in the final round, and fifth man Edoardo Lpiiarelli's 4-under 68, including one of three closing 32s, didn't count.

In the women's championship, held at The Fort in Indianapolis, Northwestern and Ohio State ended up tied at 12-under 852 after 54 holes, and with no playoff, shared the team title for the second straight year. Northwestern's been the co-champion three of the last four years. Stephanie Lau (5-under 211) and Hannah Kim (3-under 213) led the Wildcats, while Katja Pohacar's 8-under 207, capped by a closing 67, keyed the Buckeyes' final-day rise from two strokes back. Purdue's August Kim (9-under 207) won the individual title.

Chicagoland Golf Academy: Golf for Everyone

There are many ways to improve your scorecard. Aside from using a pencil with an eraser, lessons are the quickest path to improvement. Chicagoland Golf Academy offers more than range time with a teaching professional; lessons are personal connections with your goals and the most convenient track toward attaining more enjoyment on the course. With locations downtown to courses in the northern, western, and southern suburbs, your journey to owning better scores is a short drive from your front door.



Location, location. The noble truth for business is even more relevant for golfers looking for lessons. At 11 golf facilities managed by Billy Casper Golf, Chicagoland Golf Academy offers programs at the following locations: Diversey Driving Range, George W. Dunne National, Harry Semrow

Driving Range, Highland Woods Golf Course, Jackson Park Golf Course. Whisper Creek Golf Course. Orchard Valley Golf Course. Water's Edge Golf Course, Marquette Park Golf Course, Rob Roy Golf Course, and Woodland Trails Driving Range.

Chicagoland Golf Academy offers a diverse menu of game improvement programs that will encourage all levels of players. The Get Into The Game series is a six-week program for groups. Men, women, couples, seniors, and juniors are welcome, and rates start at \$99 for individuals and \$198 for couples. Instruction is provided by experienced PGA Teaching professionals and is geared to get players on the course.

Another initiative to bring players to the game is the Instant Golfer Kit, which provides golf shoes, a golf glove, a dozen balls, green fee and range bucket certificates, and a Forest Preserve Golf Card for just \$49. If you are a participant and need clubs, then Chicagoland Golf Academy offers a new set of clubs and a bag for just \$249.

Lesson programs are designed for players to progress from beginner to intermediate to advanced. For more information call 312-285-4673, or visit www.chicagolandgolfacademy.com.

Pelican Golf Opens

Time was when a golfer looking for clubs would, if he didn't buy them outright and then go play, test a set for a round or two and then have adjustments made.

"He'd take the clubs and play," said Kent Sirois, who's been a pro for more than three decades.

Today? The smart golfer gets his clubs properly fitted first, before he ever steps on a blade of grass. And professionals Sirois and Mike Mandakas are making that happen with Pelican Golf, their new operation at bustling Arrowhead Golf Club in Wheaton. Sirois and Mandakas have created a complete clubfitting and teaching operation on the ground floor of the Arrowhead clubhouse, featuring all the high-tech equipment that has added science to art.

That includes a Trackman system and a SAM Putt laboratory, which is essentially a Trackman for putting.

"We're creating an experience through clubfitting, teaching,



and club repair," Mandakas said. "The tools they've given us for fitting helps us put the right clubs in the hands of our customers. And we give them a little critique of their golf swing to help those clubs produce the best. That's the experience we want to give at Arrowhead."

Unlike some fitting centers, Pelican isn't wedded to one brand of club. Every major brand is available and at every lie angle. The combination of clubheads and shafts is almost endless.

The Pelican Golf operation supplants rather than replaces the regular staff of pros at Arrowhead. Bruce Stoller, Matt Nations, and Andrew Ogata are still upstairs and on the range, ready to give lessons and sell soft goods. But for clubs and the perfect fit, it's downstairs to Pelican Golf.

And after the fitting, it's essentially back to what Sirois said of fitting 35 years ago. The newly-fitted golfer can clear his head of all the numbers Trackman has put on the screen and just go out and play.

For more information about Pelican Golf, call (630) 517-8480.

IJGA Adds Precision Pro Golf As Sponsor

When electronic range finders were approved for tournament play in 2010, one of the first groups that found them useful were juniors, who play without caddies. A range finder would save time, with players no longer searching out yardage plates on sprinkler heads.

Thus, this year's deal for Precision Pro Golf of Cincinnati, a leading rangefinder manufacturer, to become an official sponsor of the Illinois Junior Golf Tour, is a natural.

"Partnerships like this one with the Illinois Junior Golf Association are a great way to support junior golf and ensure the future of this great game," Precision Pro Golf co-founder Jonah Mytro said.

The deal includes discount pricing on the company's rangefinder for IJGA members.

"The IJGA began allowing distance measuring devices in 2010 and it's had a very positive effect, assisting our players with confidence in their yardages throughout their rounds, while also

continued on page 44



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CLIFFTOPS, CRAGS, AND CAN YONS: RED ROCKIN' GOLF

Golf in St. George, Utah may be under golf's radar right now, but her best-keptsecret status is emerging into a destination with unbelievable golf. With a red rockin' terrain that is out of this world. reasonablypriced green fees, terrific dining options, and a number of nearby national parks, this truly is a must-visit for

any golfer.

The cream of the crop is the Sand Hollow Resort's spectacular 27-hole facility. Stunning mountain vistas and native red rocks surround the blend of challenge and exuberance. The Championship Course was designed with former PGA Tour player John Fought; it tests all of the shots in your bag and all of the space between your ears. The layout is as vibrant as the panorama with red sand in each of the bunkers and greens that are ominous with undulation. The back nine features holes that simply take your breath away, and if you are not careful, Sand Hollow will snatch your ProVI too.

The 432-yard 12th hole is implausible for a Chicago golfer. A red rock fortification and a prodigious cliff frame the dramatic par 4. Save you selfie moment for the approach shot. A picture from the edge of the cliff to the green will serve as a lasting memory of this unfathomable hazard. The long approach to a well-guarded, multi-tiered green may just leave you in tears if you are above the hole. At the elevated tee on number 13, you will find a riveting 300-yard, drivable par 4. Take a deep breath; this hole belongs on a picture calendar. The par-3 15th hole offers a variety of tee boxes, but you should select the markers between the enormous rock outcroppings. This is an unbelievable perspective to a dance floor that appears to be hanging off the bluff. If you make it through this stretch with the same ball, then you will no doubt waltz back into the clubhouse for your favorite cold drink.

The state of Utah has yet to host a major tournament on the PGA Tour, or the Ryder Cup, but believe me, Sand Hollow would be an incredible podium to stage what the world's best could do on this dazzling design.

Sand Hollow is also home to a fun, 9-hole links course. At almost 3,700 yards from the tips, this is a tamer layout than its big brother, but it is certainly no pushover! A unique option in playing here is to try tackling the course with a set of replica hickory golf clubs, which are available in the pro shop. The "Hick Sticks," as they are affectionately called, encourage







you to enjoy playing the game with the tools from the game's golden age. With the best 19th hole see-scape in golf, finish your 27-hole day in Sand Hollow's modern clubhouse with a tasty meal seasoned with fresh commemorations of visual rapture on the course.

With its impressive red rock backdrops, thought-provoking greensites, and expansive views of Snow Canyon State Park, The Ledges Golf Club offers first-class golf that is harmonious with the rugged southern Utah landscape. Matt Dye, the nephew of the one and only Pete Dye, designed this 7,200-yard track. Undulation and sweeping views of the canyon are at the forefront of this dynamic layout. The greens can be slick and quick, with a variety of tough pin positions making them a bit on the "Dye-a-bolical" side. An interesting side note: Utah native and Champions Tour Star Jay Don Blake likes to hone his game at The Ledges. Be sure to experience the 19th hole known as the Fish Rock Grille, and named after a cool rock feature on the course that resembles a fish. And there are indeed some great seafood items on the menu!

Acclaimed golf architect Keith Foster laid out one of the best courses in Utah at Coral Canyon Golf Course. The course begins with two par 5s, and the opening hole is fair and reachable in two swings. A birdie here can get your round started in the right direction. The second hole calls for precision from tee to green, and par is a great score. There are a number of elevated tees on this entertaining design providing breathtaking views of Bryce Canyon's snow-capped, pink spires in the winter and Zion National Park's green springtime bloom. This course is certainly one of the tops in town, and a must-play on your visit to St. George.

There are a couple of other courses that will surprise your wallet because they are municipal facilities. Green Spring Golf Course is a wild ride up and down and around the outskirts of the nearby town of Washington. The front nine features a couple of incredible shots over the canyon at holes 5 and 6. The back nine gets a little more target oriented with a number of well-placed water features and mountainous terrain that seamlessly blends into the local landscape.





Wrist Conversion with Garmin's S20

will be honest; I never took to the idea of a GPS watch. The ones that I had tried were too heavy, too bulky, and I could feel them when I'd swing. No thanks. I'll stick to my handheld GPS (if I've charged it) or hope that whatever course I'm playing has it on their carts. That was until I came across the Garmin Approach S20. For me, it's a game changer in so many ways.

Let's start with the main reason you'd be purchasing this watch; on-course use. The Garmin Approach S20 weighs 1.5 oz. which is equivalent to a slice of wheat bread (I checked). This takes care of the most common gripe in my mind, because it has no impact on your swing as you can barely tell it's attached to you. The watch comes preloaded with over 40,000 courses and has automatic map updates, which is beyond convenient to anyone that's owned a GPS device that needs downloading and updating.

A simple click of "start round" beams up your exact location and guides you hole-byhole with front, back, and center distances to the green. When you get to the green view

you also have the ability to move the pin to its exact location. Other important numbers the Approach S20 provides are distances to hazards, doglegs, and layups (not that you'd ever layup, right?).

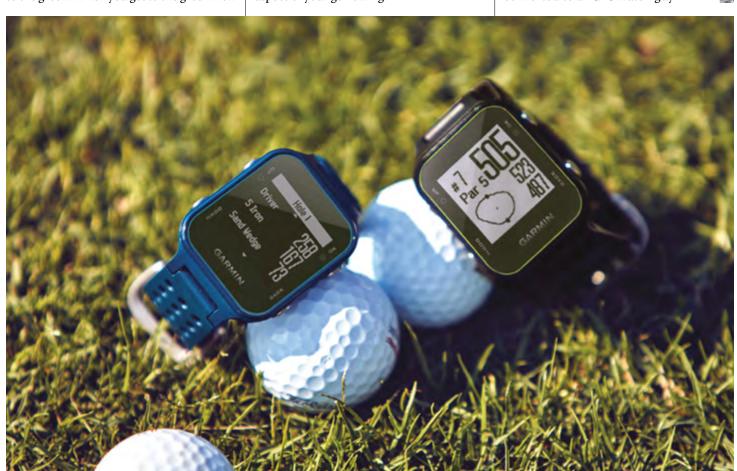
In my opinion, it's what you can do after your round that really sets this watch apart from others like it. The AutoShot round analyzer allows you to see an entire overview of your round with shot distances, which you can also pair with the digital scorecard feature. Your round summary will include how long your round took and your greens in regulation. From there you can access Garmin Connect from your smartphone to download your round and compare it to other rounds, track your improvement, and see what needs work. One of the most unique features of Garmin Connect is that you can combine your best score for each hole at a specific course to compile your ideal round. The folks at Garmin (garmin. com) have also made it simple and easy to sync your Approach S20 (\$199.99) with their new TruSwing[™] sensor which analyzes every aspect of your golf swing.

Going beyond just golf features, the Approach S20 is useful in everyday life. If you're like me and you're looking to shed some of your winter blubber, the watch is also a fitness tracker. My home screen always shows how many steps I've taken for that day, how close I am to my goal, and if I need to get off my behind and move. It also has a built-in pedmeter to see how much ground you've covered. In your Garmin Connect app you can also track your weight, connect with MyFitnessPal, and monitor your sleep.

TECH TALK

Todd Mrowice

If that all wasn't enough, the Approach S20 can also be your everyday watch. Aside from being stylish, it also pairs with your smartphone to provide text, email, and phone call alerts. So, do everyone a favor and leave your phone in your golf bag. When it is on vibrate mode, the rattle in the cup holder is beyond annoying. The S20s battery is also impressive. Using it as an everyday watch and fitness tracker takes up less than 10% of battery life per day. Label me as officially converted to a "GPS watch guy".





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There She Is! Miss America 2015

SHE GOT GAME

Neal Kotlarek

Kira Kazantsev had a busy year. Crowned as Miss America 2015, the New York native crossed the country for 365 days, logging 20,000 miles per month and sometimes participating in as many as nine events in a single day. With that kind of non-stop schedule, one could only assume that Kazantsev quickly learned to maintain her composure through every tough question and every mishap. And that was pretty much the case until she stood on the tee of the BMW Charity Pro-Am last May. "I was terrified," she admits. "When I competed in the Miss America competition, I knew what to do and was ready to handle any questions the judges gave me. But when it comes to playing golf on national TV, I was afraid I'd shank a ball into the gallery and hurt someone!" she says with a laugh.

from ages 7 to 12 across Texas, where she lived at the time. "I moved (to California) and lost touch with the sport," she says. Kazantsev would go on to graduate from Las Lomas High School in Walnut Creek and attended Hofstra University in New York with a triple major in political science, global studies and geography. It was after she earned the Miss America crown that she was asked by a schedule planner if she played golf. "It turned out that I was the first Miss America in 20 years who answered 'yes,'" she says.

That single answer ignited a flame Kazantsev forgot existed. She took lessons from PGA Professional Jim Detrixhe at Riviera Country Club in Pacific Palisades, California, and fell in love with the sport all over again. "Jim was the perfect instructor for me," Kazantsev says. "His thought

> process is 'swing the club' and that's it! You can't have 5,000 different thoughts going through your head when you're addressing a shot."

> The strongest parts of the 24-yearold's game are driving and chipping. "But that can vary widely depending on the day!" she says. "I'm going through some changes in my game right now. But when I hit it well, I really enjoy driving the ball. "The

weakest part of my game is putting," she volunteers with a sigh. She then adds that watching Ernie Els' troubles on the first green at this year's Masters reminded her of golf's fickle nature. "Things can happen," she says.

Kazantsev has a short list of favorite golf courses that includes the Bay Course at Kapalua Golf in Lahaina, Hawaii; the three courses in Greenville that host the BMW Charity Pro-Am; and the Resort Course at La Cantera Hill Country Resort

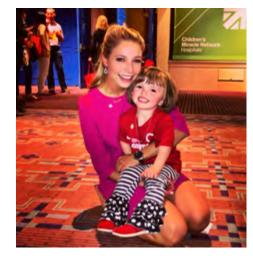


in San Antonio, where she played during her years as a competitive junior golfer sponsored by Nike.

One of her golf highlights was meeting legendary South African golfer Gary Player whom she found to be truly inspirational. "Everyone drinks beer on the golf course, right?" she asks rhetorically. "Gary drinks green juice! He's 80 and he plays great golf and travels across the world. Makes you think, right?"



While Kazantsev has now yielded her tiara to Miss America 2016, Betty Cantrell, she remains active in an array of causes she supported during her reign. Indeed, the fingernail on her left ring finger is painted purple as a constant reminder of her social platform "Put the Nail In It," her vow to end domestic violence. In that role, she represents Safe Horizon, the nation's leading victim-assistance organization. "One in four women is an abuse victim," she says. "It's obviously important that awareness of this issue be raised to end domestic violence and cyber-bullying.



While also serving as national ambassador to the Children's Miracle Network, Kazantsev has recently made a bold career move. She had been accepted at Notre Dame Law School and had intended to use the \$50,000 prize money she earned in the Miss America Pageant to pay for classes. But new opportunities in broadcasting have kept her in Los Angeles for the time being. "Law school will still be there down the road," she says philosophically.

A side benefit of Kira's decision to stay in California is, of course, year-round golf and continued access to her golf coach. "One of the most interesting aspects of golf is that your swing is always changing as the physics of your body change," she says. "So the only way to counteract those adjustments is to keep practicing."

Good advice; who is going to argue with Miss America?

Red Rockin' Golf in St. George

continued from page 30

When you get to Sky Mountain Golf Course, you just know you are going to have fun here. The driving range is simply breathtaking as you hit balls towards the stunning Pine Valley Mountain Range, and even a bad shot is improved by the enjoyable view. The layout is scenic, challenging, and in outstanding condition. Don't be fooled by the yardage; even at 6,400 yards from the back tees, the undulation and subtle doglegs will definitely keep you on your toes. I have played numerous muni courses around the United States, but I've never encountered any municipal tracks like Green Spring and Sky Mountain ... simply amazing.

Thanks to nearby St. George Airport, getting there is more convenient than you may think. SGA serves major carriers United and Delta. You can also fly into Las Vegas for an easy 90-minute drive to this clean, safe, and pleasant part of the country.

St. George is what Scottsdale, Arizona, used to be. It is not overwhelmed with tourists, and your dollar goes a lot further on the ten public-access golf facilities. Most of the major hotel chains can be found here, including Clarion Hotel and Suites and Marriott's Towne Place Suites. Both have beautiful pools with much-needed whirlpools to sooth your golfing muscles. There are plenty of dining options available—be sure to take a ride to The Painted Pony for an upscale menu, while casual attire is always welcome at George's and Cliffside, which sits majestically above St. George. Be sure to get to Anasazi Steakhouse, where you can cook your steak from your seat on a heated volcanic rock. Anasazi's beef is so tasty, so hot, and an enjoyable experience that your taste buds will not forget.

The ideal way to get the most out of your St. George excursion is to visit www.RedRockGolfTrail.com and www. StGeorgeUtahGolf.com. Both sites offer packages that include golf, accommodations, dining, and area attractions, plus additional information on St. George, Zion National Park, and the surrounding area.

Yes St. George is on our radar, and I am sure we will see a lot more Cubs hats on our next visit.



courses again this month when the BMW Charity Pro-Am tees off May 19 - 22. The event is the only tournament on the Web. com Tour in which amateurs and celebrities are grouped with Web.com Tour professionals in a four-day better-ball competition over three courses.

Kira and the gallery survived the experi-

ence and she is busy perfecting her swing

to take on three of South Carolina's finest

An avid junior player, Kazantsev took up golf at age 4 and played competitively



Multi-Sensory Experience from Fairways

GOLF NOSH

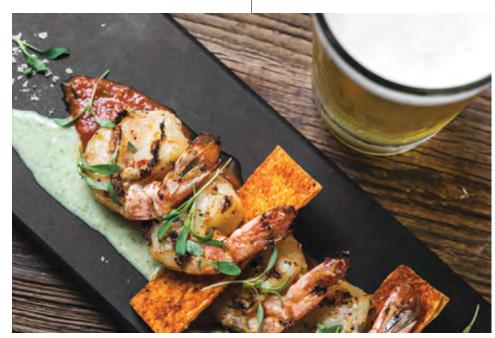
Todd Mrowice

If you thought that it was difficult to leave the golf course, then we've found a unique spot in Lincoln Park that's going to be impossible to pry yourself from. Golf enthusiasts, foodies, and libation lovers can all find themselves satisfied and returning to Fairways. The "golf meets gastropub" idea was hatched by managing partners Michael McCutcheon and Mark Clement and opened in December of 2013.

What makes Fairways different from other establishments is that they are successful in every facet of the business. The food is as good as the drinks, which is as good as the virtual golf. Win, win, and triple win.

The upper level is where the "Back Nine" bar and exclusive golf lounge is located. Four, high-definition simulator bays are flanked by their own fully stocked mini-





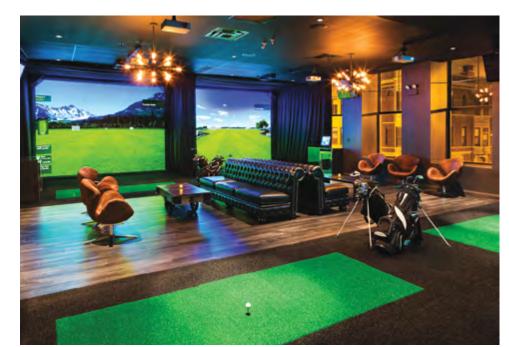
bar and television. So while you swing, you can also tune to that week's golf event, or whatever game you'd like to see. Fairways is an ideal place to host a private party or a corporate outing. The lounge is an inviting social spot at Fairways, which also offers golf leagues that run for six weeks at a time.

When it comes to food, don't expect a turkey sandwich from the halfway house. The menu changes seasonally, but no matter what time of year, McCutcheon and Clement take great pride in what's plated for their patrons. Their burgers, Cubans, and brats are anything but ordinary and they offer salads that actually fill you up. Your palette and mind will both explode over their starters though. The Charcuterie Board (Spanish chorizo, duck breast, smoked prosciutto, brie, apricot jam, smoked grapes, and pickled blackberries) is sensory overload. Going with a group will give you good reason to order additional starters such as their Street Tacos, Bacon Wrapped Rabbit, or Fennel Sausage Flatbread. Fairways also serves a mean breakfast. Oh, and did we mention Wild Boar Bacon Mac-n-Cheese?

Fairways lets their local flavor shine through with their drink menu. 18 local beers are on tap, in addition to an extensive craft beer bottle list. Revolution, Solemn Oath, Lagunitas, Half Acre, Moody Tongue, Bell's, and 3 Floyds are among the many suds options available to you. If cocktails serve you better, then Fairways offers a Make Your Mule (Svedka, Mezcal, or Temptation Rye) in addition to a Gin Fizz and the Lincoln Park Before Dark (Prosecco, Crème de Cassis, and blackberries). Let us not forget the John Daily Special as well. And like the food menu, Fairways does offer seasonal specials.

We're hard pressed to find a better spot in the city to watch a major championship and stuff our faces. One visit to Fairways and what you know about food, drinks, and virtual golf will be reinvented.

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It's All About That Base

THE FITNESS EDGE

Brad Jourdan PT, DPT

n the previous issue of GOLFChicago, we focused on push-ups, pull-ups, and planks. Regardless of the sport you are playing, if you do not have stability in the trunk and legs then your performance will suffer. Squats and lunges are simple and efficient exercises to build a base in your swing that generates power for extra distance and consistent performance throughout a round.

Both exercises work the muscles in the trunk, hips, thighs, and lower legs with a few considerations to keep in mind. It is important to maintain a neutral spine, or s-curve, in the spine during the exercise to avoid straining your back muscles. Engaging the core muscles of the abdominals and lower back will protect your spine and enhance the benefits of the exercise by improving stability, control, and endurance.

Squats are a cornerstone exercise for any exercise routine. To establish a good base keep your feet slightly wider than your hips. Be sure to angle your feet out a little. During a squat, you should feel even pressure on the balls of your feet and your heels. Remember,

your knees should go out over the toes. Do not go beyond your toes to ensure you are keeping your hips back—much like sitting in a chair. Aim for the thighs to be parallel to the floor and then return to standing, but stay within a range of motion that you can control. This should be pain free.

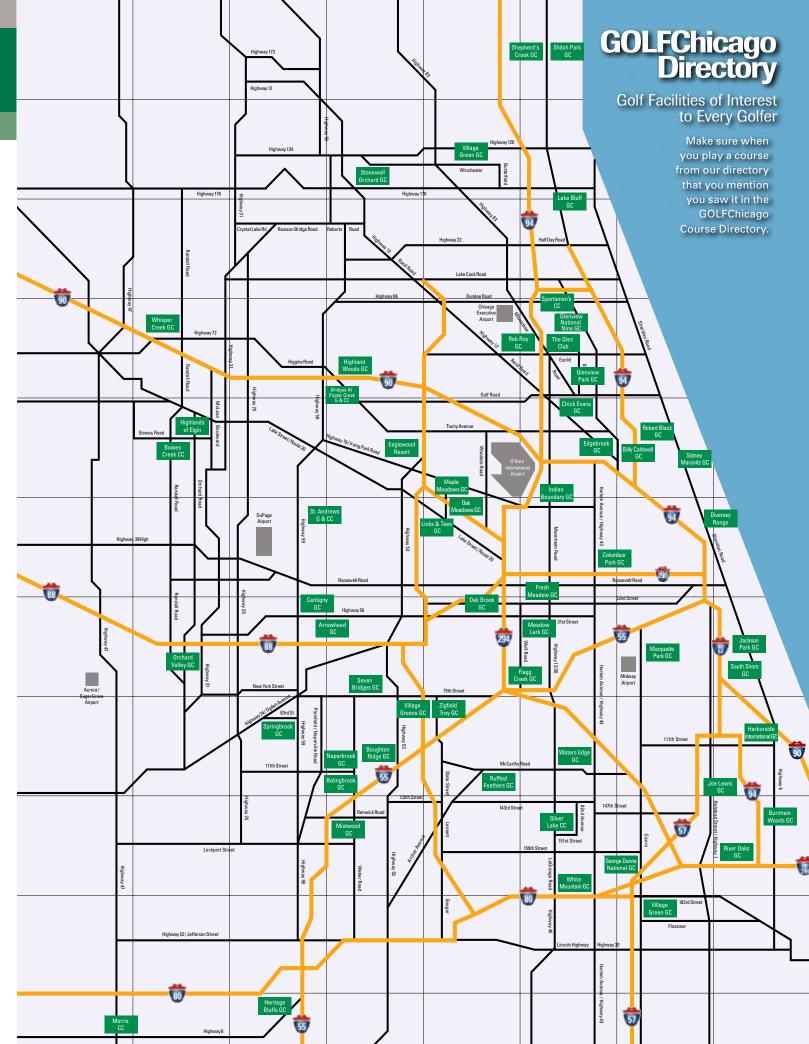
Lunges require more balance than a squat. This exercise is ideal for strengthening the legs and core muscles. To begin, step forward with one leg, lowering your hips until the front knee is bent at a 90-degree angle. Make sure your front knee is directly above your toes, but not beyond them. The tendency is to put more weight on the front leg during the lunge, but the weight distribution should be even between your legs. As you return to the starting position, drive back, focusing on tightening the buttock and thigh muscles. Once you return to the starting position, step out with the same leg, or alternate depending on your preference.

There are many variations of a lunge, but a few of the most common are to step backwards rather than forward. To emphasize the buttock muscles, twist the trunk to the side of the front leg to facilitate the trunk rotators. To stress balance, try a lunge walk. A basic internet search will give more options for both exercises

For lunges and squats, the number of repetitions will depend on your level of fitness. If you are starting an exercise routine, then perform three sets of 10 to 20 reps, three times a week. Lunges and squats are effective exercises without weight, but if you can perform 10 to 20 reps easily then add 5 to 10 pound barbells in each hand. Adding weight will also engage the upper trunk and arm muscles.

Lunges, squats, push-ups, pull ups, and planks are five exercises that are a great inseason exercise program. This fivesome will decrease injuries and pain, while you keep your swing balanced and powerful. They are a great investment in your golf game and require minimal space, expense, and time. Be well. Golf well!







Arrowhead

630-653-5800 26W151 Butterfield Rd. Wheaton, IL 60189 arrowheadgolfclub.org

Arrowhead Golf Club is recognized for its beautifully maintained course and inviting atmosphere.

Arrowhead is a public course which offers impeccable golfing conditions at affordable rates on three separate par 72 18-hole lavouts surrounded by forest preserve. The West, East, and South Courses feature new bunker renovations and enhancements. The practice area includes a lighted driving range, putting green, and chipping green. Group and individual golf lessons are available.



Bolingbrook Golf Club

630-771-9400 2001 Rodeo Dr. Bolinabrook, IL 60490 bolingbrookgolfclub.com

Bolingbrook Golf Club features a championship golf course designed by Arthur Hills and Steve Forrest, an exceptional practice facility with a learning academy, stateof-the-art GPS-equipped golf carts, and a 76,000 square-foot clubhouse with men's and women's locker rooms, lounges, two full-service restaurants, and full banquet facilities. Memberships are available.

Bolingbrook Golf Club was named #28 in the 2010 Golf World Readers' Choice Awards for best public course in the country; named to the 2009 Golfweek Best Courses You Can Play list; and received 4½ stars from Golf Digest.



Bowes Creek Country Club

847-214-5880 1250 Bowes Creek Blvd. Elgin, Illinois 60124

bowescreekcc.com bowescreekcountryclub.com

Here at Bowes Creek Country Club, our patrons are not treated like an everyday customer. You can buy a membership for the year or you can pay to be a Member for a Day! Instead of standard green fees, we offer a daily membership. The Member for a Day Fee will allow you to play unlimited golf with cart, and allow you full use of the practice facility. There will be no limit to the amount of golf you can play that day because you are ... Member for that Day!



Cantigny Golf

630-668-8463 27w270 Mack Rd. Wheaton, IL 60189 cantignygolf.com

Designed by Roger Packard, Cantigny is both challenging and breathtakingly scenic.

Cantigny Golf's Red Oak Club loyalty program rewards customers with free golf and other benefits. New for 2016 is the Young Executive Program with reduced green fees for golfers 35 and under. The Red Oak Club and Young Executive Program are each free to

Cantigny's 27 holes are ideal for outings ranging from 16 to 220 golfers.

The course employs a full-time golf-event coordinator to ensure an exceptional experience for planners and quests.



Glenview Prairie Club

847-657-1637 2800 W. Lake Ave. Glenview, IL 60026 golfglenview.com

Glenview Prairie Club features golf course conditions like no other nine-hole course around. Meticulously maintained yet very affordable. The Glenview Prairie Club offers four sets of tees to challenge every golfer, and a 90-minute pace of play for those quick rounds. The course is fun and enjoyable for new and seasoned golfers alike.



10 Chicagoland Locations

golftec.com Chicago - Halsted Row 773-755-4653

Chicago - Lincoln Park 773-871-4653

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golfTec

Des Plaines 60016 847-299-5431

Downers Grove 60515 630-932-4653 Fox Valley 60505

630-723-5215 Naperville 60563

630-579-9390

Oakbrook Terrace 60181 630-396-2020

Schaumburg 60173 847-517-1845

Vernon Hills 60061 847-327-0605



Harborside International G.C.

312-782-7837 11001 S. Doty Ave. East Chicago, IL 60628 harborsidegolf.com

Located just south of the loop in the City of Chicago, Harborside features two championship-style links courses designed by renowned architect Dick Nugent.

Harborside is home to Chicago's largest practice facility, a prairie-style clubhouse, and The Pier at Harborside restaurant.

Harborside's Port and Starboard courses rank annually among the Midwest's list of best courses you can play.



The Highlands of Elgin 847-931-5950 875 Sports Way Elain, IL 60123 highlandsofelgin.com

The new Quarry nine and the Original nine holes flow over beautiful rolling terrain, creating a diverse collection of holes. The new nine holes reclaim an old stone quarry, and are routed to take maximum advantage of the unique and dramatic landforms that were left behind. Four holes hug the top of the bluff thirty to forty feet above the water, providing golfers with incredible views and numerous shot options on each hole.



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- Sydney R. Marovitz:
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- South Shore: 9 Holes
- Diversey Range The only double-deck range in Chicago.



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- Burnham Woods: 18 Holes
- Chick Evans: 18 Holes
- Edgebrook: 18 Holes • George Dunne National:
- Harry Semrow: Driving Range & Mini Golf
- Highland Woods: 18 Holes

18 Holes

- Indian Boundary: 18 Holes
- Joe Louis: 18 Holes
- Meadowlark: 9 Holes
- River Oaks: 18 Holes



The Glen Club

847-724-7272 2901 W. Lake Ave. Glenview, IL 60026 theglenclub.com

Chicago's finest semiprivate golf experience.

The Glen Club is a stunning Tom Fazio designed championship course located on the former site of the historic Glenview Naval Air Station. In the heart of a 195-acre refuge, The Glen Club features rolling terrain, dramatic elevation changes, tranquil lakes, and striking vistas.

Enjoy the grand 48,000 sqare-foot clubhouse, superb dining, 21 overnight quest rooms, a grand ballroom, and the finest in corporate amenities and membership.



Glenview Park Golf Club

847-724-0250 Shermer Rd. Glenview, IL 60025 aolfalenview.com

Experience pure golfing enjoyment at the Glenview Park Golf Club, After a complete renovation in 2014-2015, the course has re-opened to rave reviews. Bent grass from tee to green, rolling fairways, and meticulous landscapes await you on this 18-hole, 6,133 yard par-70 course. The Glenview Park Golf Club offers the amenities of a private club, but is open to the public and close to home.



Lake Bluff Golf Club

847-234-6771 355 W Washington Ave. Lake Bluff, IL 60044 lakebluffgolfclub.com

Located on the scenic North Shore of Chicago, Lake Bluff Golf Club offers a beautiful and challenging layout in a traditional parkland setting. The course measures 6,589 yards from the back tees and offers three additional sets of tees to accommodate all skill levels. Lake Bluff Golf Club takes great pride in the immaculately conditioned bentgrass fairways and greens. Other amenities include a full-service golf shop, private and group instruction, and an exceptional dining experience at the new Hel's Kitchen. The club hosted the

44th Annual Lake County Amateur.



Mistwood Golf Club

815-254-3333 1700 W. Renwick Rd. Romeoville, IL 60446 mistwoodgc.com

Mistwood Golf Club, with its recent multimillion dollar renovations and new state of the art golf-learning center, has become one of the premier golf experiences in the Chicagoland area

Mistwood, host of the Illinois Women's Open. features new Scottish-style stacked sod-wall bunkers. which are not something seen in traditional American golf. Other amenities include a full-service pro shop, golf instruction, and wonderful dining

- Golf Magazine's "2013 Best U.S. Renovation You Can Play"
- Golf Range Association of America "2013 Top 50 Golf Ranges.



Naperbrook **Golf Course**

630-378-4215 22204 W. 111th St./ Hassert Blvd. Plainfield, IL 60585 golfnaperville.org

Located in Plainfield, scenic Naperbrook Golf Course is a "links style" course that features rolling hills, native prairie grasses, and wide fairways. Challenges in the way of ponds, a double green, and hidden bunkers await golfers of all levels. Additional amenities include a ten-acre driving range, separate lesson tee, and practice putting greens. Enjoy post-game refreshments on the picturesque patio; Naperbrook also offers lessons, outings, a wellstocked golf shop, and much more.



Oak Brook Golf Club 630-368-6400 oak-brook.org/recreation

18 Holes – Par 72 Yardage: 5341 - 6541 The Oak Brook Golf Club is a classic playing experience with a superb blend of challenges where every hole requires solid shotmaking from tee to green. The par 4s will utilize every club in the bag; the par 3s are a devilish balance of risk and reward; and the par 5s offer multiple playing strategies from conservative to bold ... and all on manicured greens and fairways. The course features a well-stocked pro shop, delightful grill and outdoor patio, men's and women's locker rooms. expansive all-grass driving range with three chipping and putting greens, and six PGA teaching professionals.





Orchard Valley Golf Course

630-907-0500 2411 W. Illinois Ave. Aurora, IL 60506 orchardvalleygolf.com

6th Best Public Course in Illinois by *GOLF Magazine*. One of Chicagoland's best public courses, Golf Digest ranks Orchard Valley 41/2 Stars! A true championship layout featuring wetlands, lakes, roughs, water hazards, marshes, and more.

PLUS...a program for everyone!

- SAVE on every round with the OV Rewards PLUS program.
- UNLIMITED twilight golf and range with the PPP card.
- Annual Memberships and MORE!



Rob Roy Golf Course

847-253-4544 505 E. Camp McDonald Rd. Prospect Heights, IL 60070 robroygc.com

Winding through 51 acres, the beautiful 9-hole Rob Roy Golf Course will chállenge golfers at any skill level. The 3,022-yard course is narrow and treelined, requiring accuracy with water, sand traps, and other strategicallyplaced obstacles around the course. Rob Roy also includes a lighted driving range with 52 hitting stations. Bring the whole family for mini golf, and grab lunch overlooking the course at the 10th Hole Bar & Grille. There is something for everyone at Rob Roy!



St. Andrews Golf & **Country Club**

2241 Route 59 West Chicago, IL 60185 630-231-3100

standrewsqc.com

36 Holes: Course #1: par 71, 5116-6920 yards Course #2: par 72, 5341-6818 yards Located 30 miles west of Chicago in West Chicago. Since 1926, Chicago-area golfers have sought out Št. Andrews for its two championship courses and top-ranked Practice Center. With its vast rolling terrain, mature trees, and historic setting, St. Andrews offers quality facilities for discerning golfers, golf outings, and leagues, as well as permanent tee times. Guests will also enjoy premium range balls, motor carts with tablet GPS, and selections from



Silver Lake Golf Course

14700 82nd Avenue Orland Park, IL 60462 708-349-6940 x4 www.silverlakecc.com

Silver Lake Golf Course is the premiere public golf course of the Chicago southland. Family owned and operated since 1927, the course features 36 championship-golf holes, a natural-grass driving range, and a dedicated shortgame area. Silver Lake GC is also home to the award-winning "Rolling Hills," named Chicago's #1 Sporty 9 for almost twodecades.



Blackberry Oaks 630-553-7170 Bristol, IL 60512 blackberrvoaks.com

Bonnie Brook GC 847-360-4735 2800 N. Lewis Ave.

Waukegan, IL 60087 waukegangolf.org

Boughton Ridge 630-739-4100 Bolingbrook, IL 60440

Green Meadows Golf Club

630-810-5330 18 W. 201 W. 63rd St. Westmont, IL 60559 **DuPageGolf.com**

Par 30 Yardage: 1,888 - 1,545 vds. Weekday: \$14 walk \$22 ride Weekend: \$16 walk

\$24 ride *Frequent specials on course website Discount Program: Yes Jr./Sr. Rates: Yes Twilight Rates: No Banquets/Outings: No

Kids Golf Foundation of Illinois

Golf Changes Kids' Lives 630-466-0913 P.O. Box 610 Sugar Grove, IL 60554 kidsgolffoundation.org

Links & Tees Golf Facility 630-458-2660 Addison, IL 60101

Recognized in 2011 by Golf Range magazine as one of the Top 100 Learning Facilities in North America. addisonparks.org

Maple Meadows Golf Club

630-616-8424

272 Addison Rd. Wood Dale, IL 60191 DuPageGolf.com West 18 - Par 70 Yardage: 6,438 - 5,339 yds. Weekday: \$32 walk/\$49 ride Weekend: \$41 walk/\$58 ride *Frequent specials on

course website East 9 – Par 34 Yardage: 2,815 - 2,427 yds. Rate: \$16 walk / \$25 ride Discount Program: Yes Jr./Sr. Rates: Yes Twilight Rates: Yes Banquets/Outings: Yes

Oak Meadows **Golf Club**

630-595-0071 900 N. Wood Dale Rd. Addison, IL 60101 DuPageGolf.com

Par 71 Yardage: 6,718 - 5,628 yds. Weekday:\$32 walk/\$49 ride Weekend: \$41 walk /\$58 ride *Frequent specials on course website Discount Program: Yes Jr./Sr. Rates: Yes Twilight Rates: Yes Banquets/Outings: No

Sentry World

866-479-6753 Stevens Point, WI 54481 18 holes Par 72 6,951 yards sentryworld.com

Shepherd's Crook 847-872-2080 351 N. Green Bay Rd. Zion, IL 60099 shepherdscrook.org

Shiloh Park 847-746-5500 23rd and Bethesda Blvd. Zion, IL 60099 shilohparkgolf.com

Western Golf Association / Evans Scholars Foundation

westerngolfassociation.com **Zigfield Troy Par 3** 630-985-9860 1535 W. 75th Street Woodridge, IL 60517w

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Course Managers:

For inclusion in this directory, or to update your listing, please call 815.741.8005 or email us at

dweretka@golfchicagomagazine.com



Springbrook Golf Course

630-848-5060 2220 W. 83rd St. Naperville, IL 60564 golfnaperville.org

Springbrook Golf Course commands some of the finest views of Naperville's open space and trails. Built in 1974, the facility features a challenging 18 holes, 28-stall natural turf driving range, two practice putting greens, and a short-game practice green with bunkers. Golfers of all skill levels return time and again to play. Enjoy post-game refreshments on the picturesque patio; Springbrook also offers lessons, outings, a wellstocked golf shop and much more.



Stonewall Orchard

25675 W Highway 60 Grayslake, IL 60030 847-740-4890 stonewallorchard.com

Cutting through hundredyear old oak and pine trees, Stonewall Orchard Golf Club has quickly become one of Chicago's most

prolific public golf courses. Since opening in 1999, The Arthur Hills-designed gem located in northwest suburban Gravslake has served as Final Stage Qualifying site for the U.S. Open and currently sits in rotation with Olympia Fields and Medinah Country Club as host site for the Illinois PGA Section Championship held every May.



J.J.'s Bar & Grill.

Water's Edge Golf Course

7205 West 115th Street Worth, IL 60482 708-671-1032

watersedgegolf.com Rated Best Places To Play

By Golf Digest. Water's Edge is Chicago's south side destination course. This championship 18-hole golf course offers bent grass greens and fairways, and a complete day/night practice and range facility, along with The Edge Bar & Grill for great meals and daily specials.

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- SAVE on every round with the Edge PLUS Pass
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Whisper Creek Golf Course

12840 Del Webb Boulevard Huntley, IL 60142 847-515-7680

whispercreekgolf.com

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Whisper Creek Golf Club is a fair test for a gamut of golfers. From beginners to scratch golfers, anyone who appreciates a day on the course will come away feeling rewarded by a round at Whisper Creek.

PLUS...a program for everyone!

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- Annual Memberships and MORE!



White Mountain Golf Park

9901 179th Street Tinley Park, IL 60477 708-478-4653

whitemountaingolfpark.com

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Sweet Home Chicago

continued from page 27

improving pace of play in tournament rounds because of less need for players to pace off yardages," said IJGA executive director Jordan Abdel-Hag.

Precision Pro Golf's flagship product is the Nexus Laser Rangefinder, which measures to within a tenth of a yard.

Gary Planos Remembered

The nickname was "Mr. Kapalua," but in reality, longtime Kapalua resident Gary Planos never forgot his Chicago roots. His death at 63 on March 26 sent shock waves through both major American golf tours as well as the Chicago area.

Planos rose from the bag room to run the Kapalua resort in Hawaii and serve as tournament director for the Tournament of Champions. An Evans Scholar from Illinois who became a WGA director, Gary was among the best-known people in golf who didn't hit the ball for a living. He was certainly the best liked.

"Every time I spoke with him there was an excitement in his voice and always words of encouragement," Adam Scott said. "Gary is a friend and I will

miss him. Golf will miss him."

Retired PGA Tour rules official Jon Brendle called him "the center of our experience each year in Hawaii and he never wanted anything for it. It wasn't a trade for Gary, he did things because he wanted to, not because he expected something in return. He had the ability of doing something for you and thanking you while he did it."

It all started as a caddie at Westmoreland Country Club, the place where he earned the Evans Scholarship, which he called his "E ticket ride" to Kapalua. Fittingly, friends and family gathered there on April 19 for a memorial service, including a warm remembrance by his brother Rick. The family asks those who wish to donate to give to the Evans Scholars Foundation, 1 Briar Rd., Golf, Illinois, 60029 in his memory.

Drive, Chip & Putt Comes To Ivanhoe

With two local winners in as many years, the Drive, Chip & Putt championship is something every youth golfer between 7 and 15 should be interested in participating in. This year's qualifiers for the 2017 championship at Augusta National Golf Club begin Tuesday, June 7 at the Ivanhoe Club during the week of the Rust-Oleum Championship.

"Having the kids compete on site during the week of a (web.com) Tour event – and then be rewarded with tournament access courtesy of Rust-Oleum – will be a great way to kick off our local Drive, Chip & Putt qualifying season in Illinois," said Illinois PGA foundation programming manager Catherine Wagner.

"I encourage young golfers from all around the Chicago area to join us at the Ivanhoe Club and compete," tournament director Scott Cassin said.

Those who do will be trying to duplicate the feat of Christian Kim, the Vernon Hills youngster who won the Boys 10-11 bracket at Augusta this April. He was the second winner in the area in as many playings of the national competition, joining 2014 winner nine-year-old Effie Perakis, who captured the Girls 7 - 9 division in the inaugural on Magnolia Lane.

Youngsters can register at www. drivechipandputt.com, with registration closing five days before the competition. The top three from each of the eight divisions qualify for sub-regional play later in the year.

Leave the Gun. Take the Cannoli.

ON THE CORKSCREWS

Stephen Hawk

cicly is the island at the tip of the toe of Italy's "boot." It is the biggest island in the Mediterranean, and Italy's biggest wineproducing region, with over 325,000 acres under vine. However, much of this fruit is distilled into spirits, especially grappa.

The Cusumano winery is located in Partinico, in Sicily's far northwestern corner. Relatively new, the winery was established in 2001 when brothers Alberto and Diego took over the management of the company from their father, Francesco. With the help of an intimate knowledge of the Sicilian terrain and consulting winemaker Mario Ronco, the Cusumano brothers today own over 400 hectares (nearly 1,000 acres) of vineyards, and include three separate estates:

Ficuzza, at nearly 2,000 feet above sea level, has 467 acres planted 70 percent to white grape varieties, including the white grape Insolia.

The 346-acre San Giacomo estate is noted for the white color of the "trubi," the mineralrich soils that combine lime, clay, and sand. Reds dominate here, with the Sicilian classic Nero d'Avola a key player.

Presi e Pegni is the smallest of the estates at 173 acres. Among the grapes grown here are Nero d'Avola, Cabernet Sauvignon, and Merlot.

Cusumano's wines are all estate grown and harvested by hand, and are crafted in the 'new' Sicilian style that is typified by varietal expression and rich flavors.

Since 2013, Cusumano has been a part of the Terlato Wines empire. "We're proud to welcome a family-owned Sicilian brand into our portfolio," Chief Executive Officer William A. Terlato said. "Our own family heritage is Sicilian, so this is an opportunity to reconnect with that legacy."

The stated philosophy behind Cusumano has been to emphasize the importance of terroir knowledge, invest in innovative technology, and nurture a passion for winemaking.

As a unique touch, in the Sicilian tradition these wines are not sealed with a cork, but rather with a clear-glass stopper.

2014 Cusumano Insolia 100% Insolia, this golden-hued wine hails from Ficuzza, Cusumano's largest vineyard. The aroma features pineapple, citrus peel, and soft floral accents.

Flavors of pears and tart apples and are evident on the palate. It is mildly acidic with a medium body and a decent, if short, finish. If you like Vinho Verde, Sauvignon Blanc, or citrus-forward Chardonnays, you'll enjoy this, I think.

Try this summer sipper with Risotto with Spring Vegetables, Tomato, and Basil;Pan-Roasted Mackerel with Rosemary and Garlic; or Fricasseed Chicken with Egg and Lemon.

2014 Cusumano Nero D'Avola \$14 Nero D'Avola (also called Calabrese) is Sicily's most widely-planted red grape. This one is garnet in the glass, with a nose of red and black raspberries. The taste is fruit-forward (rather unusual for an old-world wine), with medium tannins, a hint of cocoa and earth, and plummy spice flavors.

Enjoy this red with Pan-Fried Beef Braciole Filled with Cheese and Ham; Meatballs and Tomatoes: or Drunk Roast Pork.



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Up the Creek Without a Par

AGAINST THE GRAIN



If you laughed at Jordan Spieth soiling his Under Armour underwear on #12 at Augusta, you do not have a sense of humor; you are a sadist. If you're a golfer with a soul, the only emotion you felt was pure, unadulterated sadness.

A profound lesson about golf and life, that the sages have preached for centuries, was behind the noise of whether this was a Norman-esque choke or if he can "ever come back from this" (*The Onion* ran a piece entitled "Jordan Spieth's Family To Wait A Few Days Before Asking Him What The ---- Happened").

Despite Spieth's old head (and I'm not referring to his hairline), which typically demonstrates a rare ability to be fully present on every shot, Augusta reminded us that no one is immune to being seduced by the future or tormented by the past.

Sometime just before Spieth hit the tee shot on 12, he was probably thinking something like, "I'm going to win the Masters again." Maybe he chuckled at the absurdity of a green jacket ceremony in which he dressed himself. Within seconds, he probably put this out of his mind, but it was too late. One loose swing and a pensive glance, and his ball was bounding into Rae's Creek like a frightened toad.

Jordan's chest must have fluttered before he took his stance—much like that moment you realize parring 17 and 18 means you'll win the pot for guy's weekend. What inevitably follows? Bogey, bogey, expletives, loss, ridicule, picking up an obscene bar tab. Alternatively, when you shoot two-under on the front, then think, "37 on the back and I break par for the first time in my life." What invariably follows is a sloppy back nine where the fairways shrink, your swing disappears, and somewhere around 13, you accept that, once again, your 71 will be an 82. See, you are really not that much different from Jordan Spieth.

"Don't count your chickens before they hatch," i.e. "Don't get ahead of yourself," became part of our vernacular for a reason. Although this ability to "see" the future is what makes us the most intelligent species on earth, it's also what makes us miserable. Notice that dogs and babies don't seem to care much about the future. They're also pretty damned happy.

And another aphorism: "Don't cry over spilled milk" i.e. "What's done is done." A millisecond after making contact, Spieth probably thought "Oh no, I sprayed it; there goes my back-to-back Masters." Remember, seconds prior he was actually watching

himself win the Masters, probably even imagining how he'd react to Jim Nantz's creepy stares. So consider the mental and emotional trauma endured in just a few seconds. Spieth became the laptop with the dreaded blue screen—wires crossed, motherboard scrambled, hard drive virtually destroyed. The subsequent chilidip back into the creek was just a formality, and by the time he'd tapped in for quad, Jordan's brain was melted.

Though you're not a world-class player like Spieth, consider how many times one poor shot has undone an otherwise stellar round. But the shot didn't destroy your round; your brain's reaction to said shot did.

I remember a few years ago, I joined up with a guy in his 60s, and through 12 holes he must have been two or three under. "Sir you're playing really well," I said, innocuously. He thanked me sheepishly. Then ... Flub. Chunk. Snap hook. Push slice. OB. The old codger had made the same mistake Jordan made on 12: with my help, he just plain got ahead of himself.

Consider if Spieth had truly forgotten the first tee shot, collected himself and treated the hole as if he were playing it for the first time. He'd have posted a non-fatal double, and thus might be snuggling under two green jackets in his new Texas mansion as we speak.

What will never show up in the digital *Sports Almanac* is how quickly Spieth shook off the nightmare and clawed back into contention; but, of course, by then it was too late. And if you watched Spieth closely in the Butler Cabin in one of the most awkward postround interviews ever, you saw that he literally almost collapsed when donning the jacket on Danny Willet. Spieth still could not believe what he had done.

So what can we learn from this? And how can we apply it to our own games, our own lives? Remember that the second you start to imagine beating a threshold like breaking par, you're finished. Similarly, perseverating over a four putt will make you miserable. Remember that living in the future causes anxiety, living in the past causes regret. Neither brings a state of peace or happiness.

I want to personally thank Jordan Spieth for not only making it cool to have a receding hairline, but for reminding me that even the most mentally disciplined people have a moment of slippage. And what makes golf so beautiful and so horrible at the same time is that there is no coach to give you the hook. There is no clock to run out on you. There is no injury to feign. Lose focus on the present for a millisecond and you go from hero to zero faster than Nick Faldo can seize an opportunity to talk about himself. Such is golf. Such is life.

Augusta reminded

us that no one is

immune to being

seduced by the

future or tormented

by the past.

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